

Lower Carbon Concrete: Market Drivers and Best Practices

WA ACI Chapter Meeting | April 21, 2021

Dave Walsh

Director of Sustainability | Sellen Construction



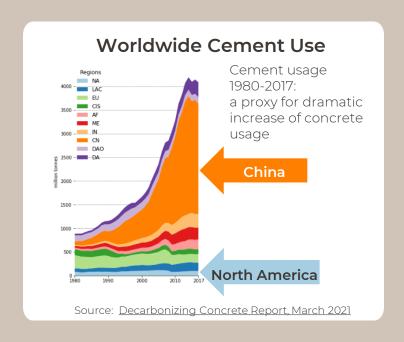
Materially Important: concrete's essential role and unique ability to optimize





Concrete: Materially Important

- World's most common building material
- Ability for Architectural and Structural Expression
- Durability and Strength
- A Leader in Material Disclosure
- Key role in Infrastructure
- Exponential worldwide growth in use
- Ability to be carbon optimized







What: Carbon, defined

"Carbon" = Greenhouse Gases

Carbon Dioxide (CO₂)

Fossil Fuel Combustion

(Coal, Natural Gas, Gasoline, Diesel...)

Natural Sources

Process Emissions

- Other Greenhouse Gases:
 - Methane (CH₄)

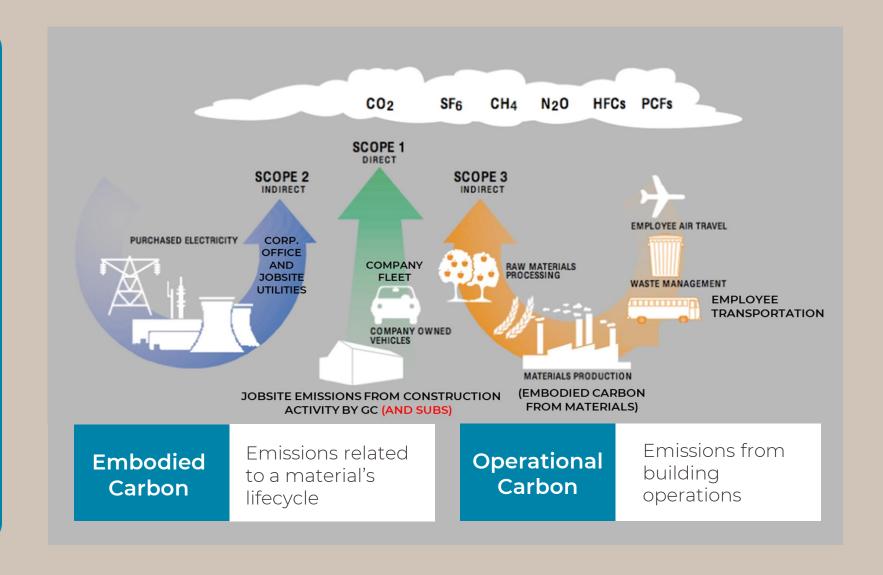
Landfills Agriculture Natural Gas Systems

Nitrous Oxides (N₂O)

Car Emissions Soils Management Manufacturing

- Hydroflurocarbons (HFCs)
 - Refrigerants Manufacturing
- Perfluorocarbons (PFCs)

Aluminum Production





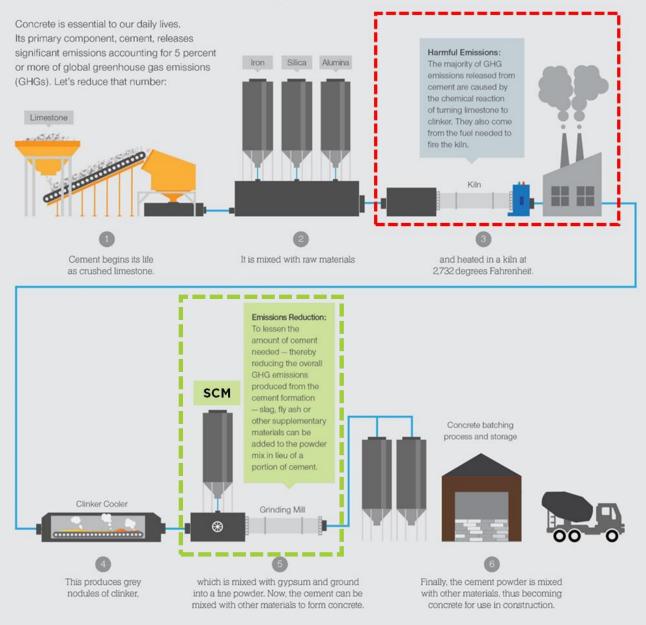
When: Life Cycle Stages when carbon is emitted

Embodied Carbon	A1 to A3	Product Manufacturing Extraction/Harvest (Cradle) to Factory Gate
Embodied Carbon	A4 A5	Transport to Jobsite Construction Activity
Operational Carbon		Use Stage Energy and Water Use
Embodied Carbon	С	End of Life Stage Deconstruction/Demo/Disposal (Grave)
Embodied Carbon	D	Potential Recovery, Reuse or Recycle



How: The opportunity to replace conventional cement

Turning down the heat: How greener concrete is manufactured







How: GHG Reduction Opportunities: Manufacturing (and decisions prior manufacturing)

Embodied Carbon	A1 to A3	Product Manufacturing Extraction/Harvest (Cradle) to Factory Gate
	A4 A5	Transport to Jobsite Construction Activity
	В	Use Stage Energy and Water Use
	С	End of Life Stage Deconstruction/Demo/Disposal (Grave)
	D	Potential Recovery, Reuse or Recycle

Strategies Prior to Manufacturing:

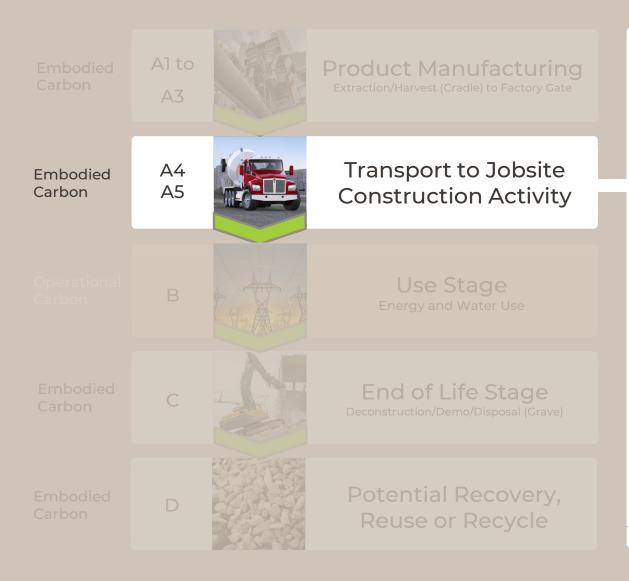
- Structural System Selection
- Informed Target Setting
- Material efficient design
- Performance Specs
- Informed Instructions to Bidders

Manufacturing Strategies

- Type 1L (PLC) Cement Use when allowed
- Supplementary Cementitious Material (SCM) Use
- Recycled Aggregate (RCA) Use when allowed



How: GHG Reduction Opportunities: Transport and Construction Activity



Transport and Construction Management Strategies:

- Reduction of Jobsite Wait Time
- Electronic Ticketing to validate Carbon Reduction Forecast
- Maturity Meters to confirm strength and fine tune mix selection avoiding unnecessary emissions



How: GHG Reduction Opportunities: Future Reuse



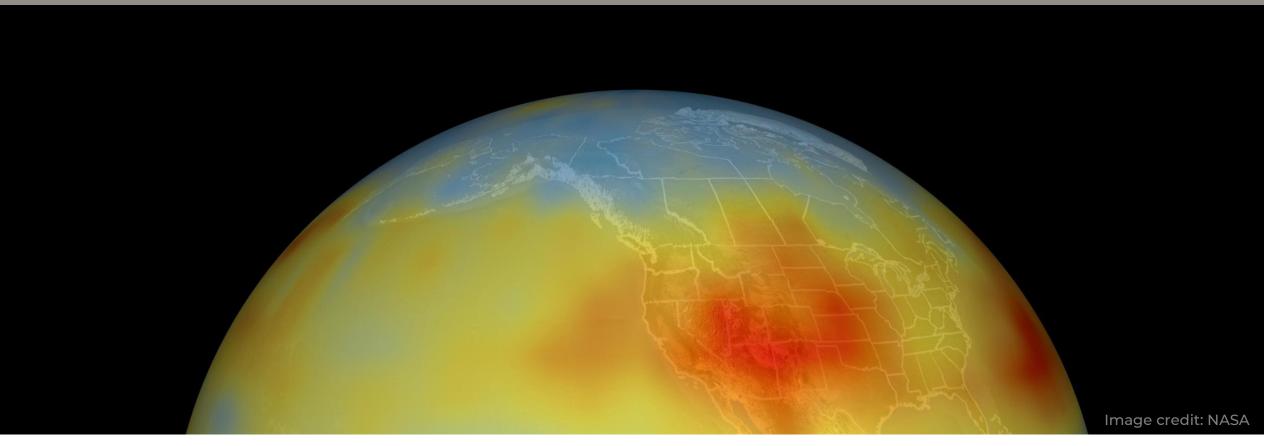
Recycle and Reuse Strategies:

- Design for Material Recovery
- Recycling of Demolished Materials
- Recycled Concrete Aggregate(RCA) Manufacturing
- RCA permitted in specs for next project



Market Drivers:

the increasing demand to measure and reduce carbon





Private Businesses, Public Commitments

Amazon's Climate Pledge





Announced: September 19, 2019

Amazon:

Commits to net zero carbon by 2040 and 100% renewable energy by 2030

Microsoft:

- By 2030: Carbon negative,
- By 2050: MS will remove all carbon the company has emitted since 1975
- Zero Carbon Certification for Project

Microsoft's Climate Commitment



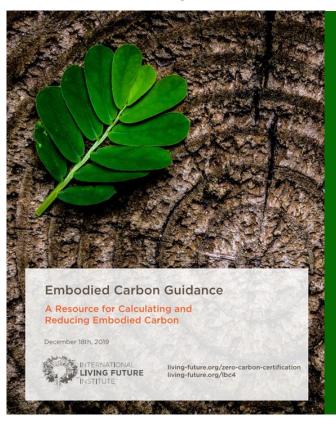
Announced: January 13, 2020



Embodied Carbon in Sustainability Certifications

Zero Carbon Certification

International Living Future Institute



Lower Carbon Materials:

- The embodied carbon emissions impact of the primary materials of the foundation, structure, and enclosure have been reduced by a minimum of 10%, compared to baseline scenario
- The total embodied carbon emissions of the project must not exceed 500 kg-CO₂e/m² (for the covered categories)

LEED v4.0/v4.1

Building Life-Cycle Impact Reduction

Credit MRc1

Procurement of Low Carbon Construction Materials

Pilot Credit MRpc132



Available Embodied Carbon Software Tools

Athena Impact Estimator



Confirming early design decisions

Good For:

- Early Concept
- No Drawings, just quantities
- Early Structural Systems Options It's easy to use
- It's Free!

Limitations:

- Limited Database of Materials
- No ability to fine-tune with specified EPDs
- Doesn't cover all categories

Tally



Holistic understanding of design decisions

Good For:

- Entire project phases: concept to final design
- Extensive Database can fill the gaps where no EPD exists
- Can update GHG values with specific EPDs in post-processing

Limitations:

- Requires somewhat granular BIM Modeling
- Hard to accommodate multiple BIM models from different design teams
- Requires some training to use
- Cost

EC3



Product selection and procurement decisions

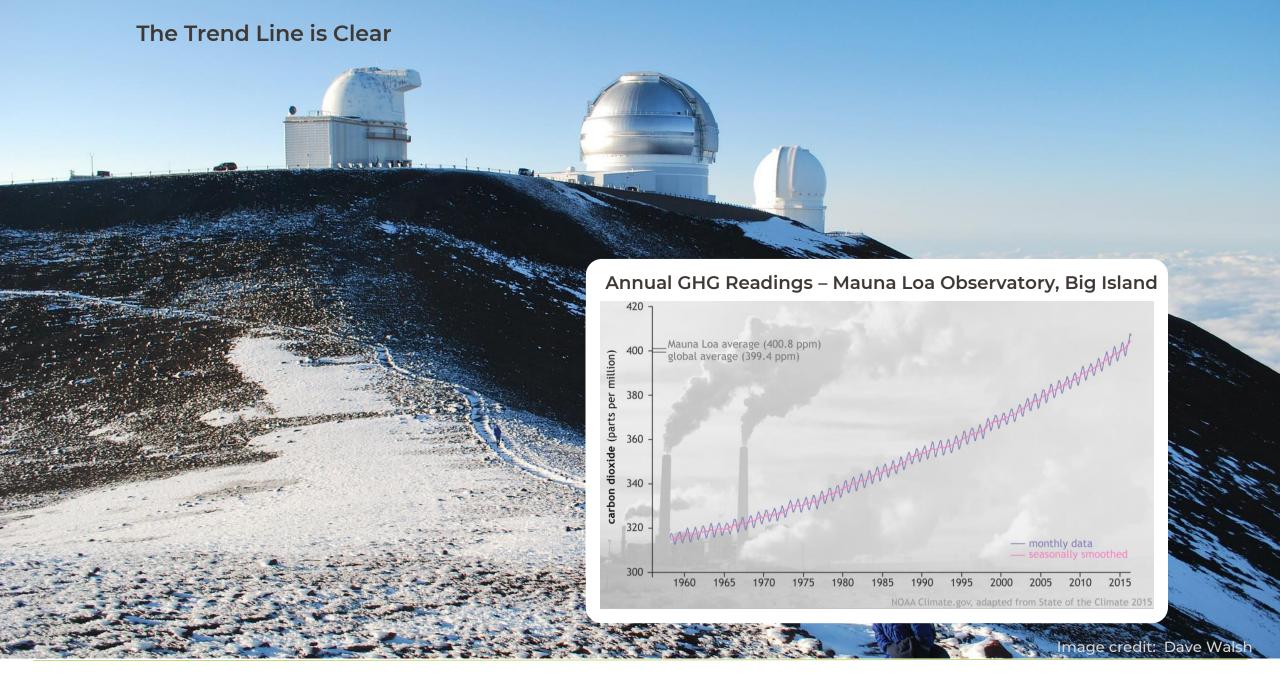
Good For:

- Entire project phases: concept to final design
- Easy to use BOM data entry
- Understand how a specific product compares with baselines
- It's Free!

Limitations:

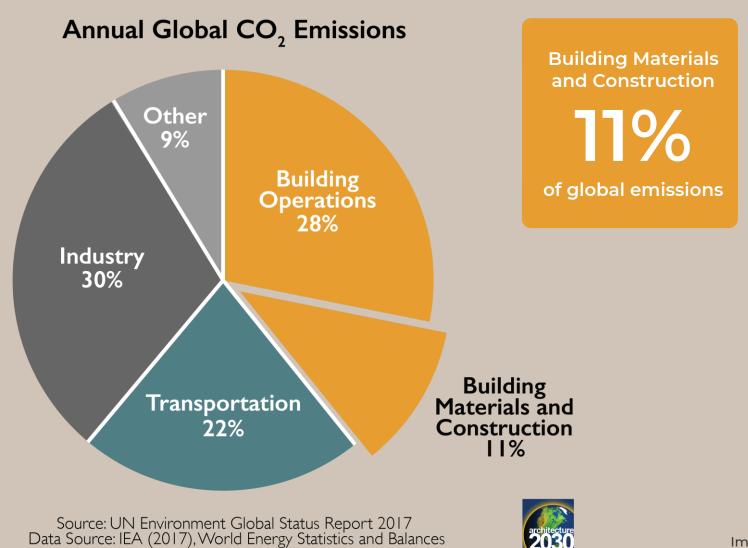
- Database is growing, but gaps exist
- Includes just A1-A3 impacts for GHG
- Apples-to-apples comparisons sometimes not possible
- Cost







Building Materials Play a Significant Role in Total Greenhouse Gas Emissions



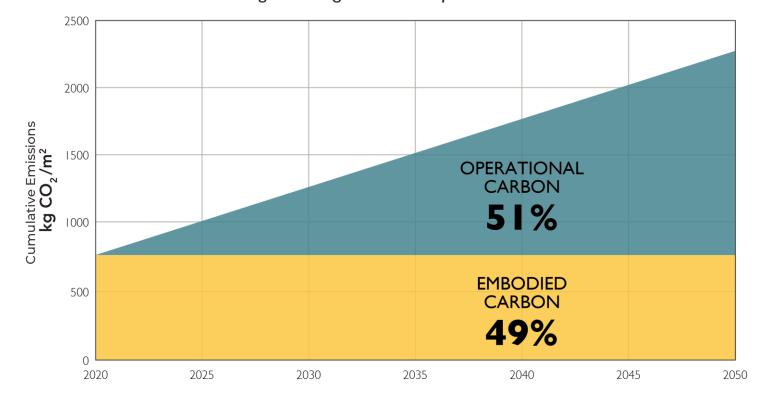


Embodied Carbon vs Operational Carbon

Over a 30 Year Period – Business as Usual Building Efficiency

Cumulative Total Carbon Emissions of a Single Building

Global Average Building Carbon Footprint: Business as Usual



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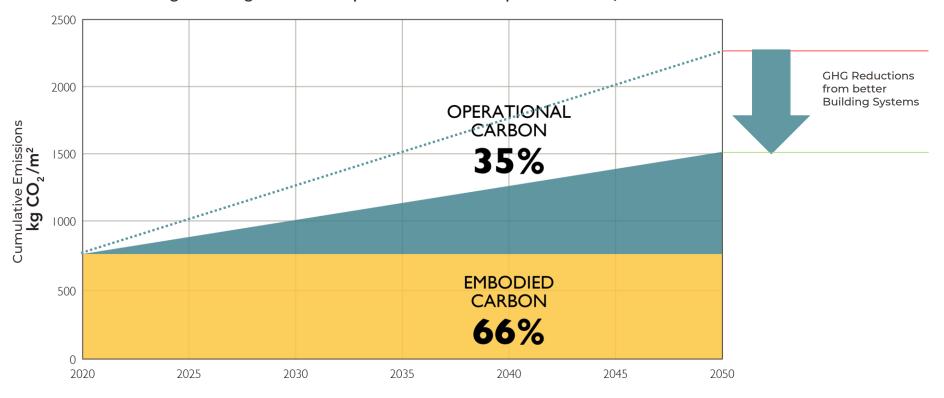


Embodied Carbon vs Operational Carbon

Over a 30 Year Period – Energy Efficient Buildings

Cumulative Total Carbon Emissions of a Single Building

Global Average Building Carbon Footprint: 50% Better Operational Performance



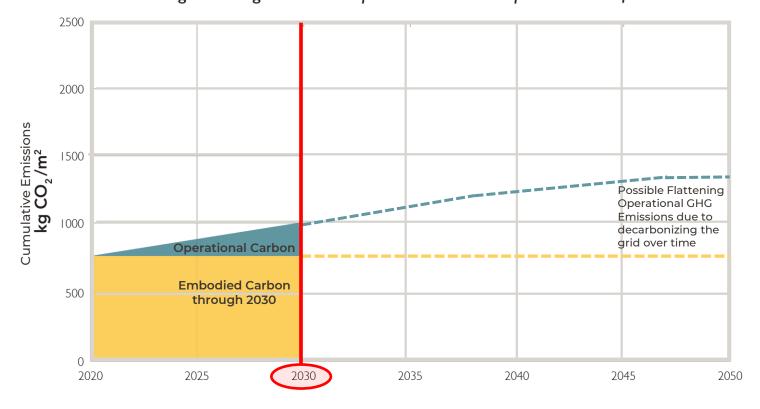
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Embodied Carbon vs Operational Carbon

By the Critical Date of 3020: Embodied Carbon is the Urgent Concern

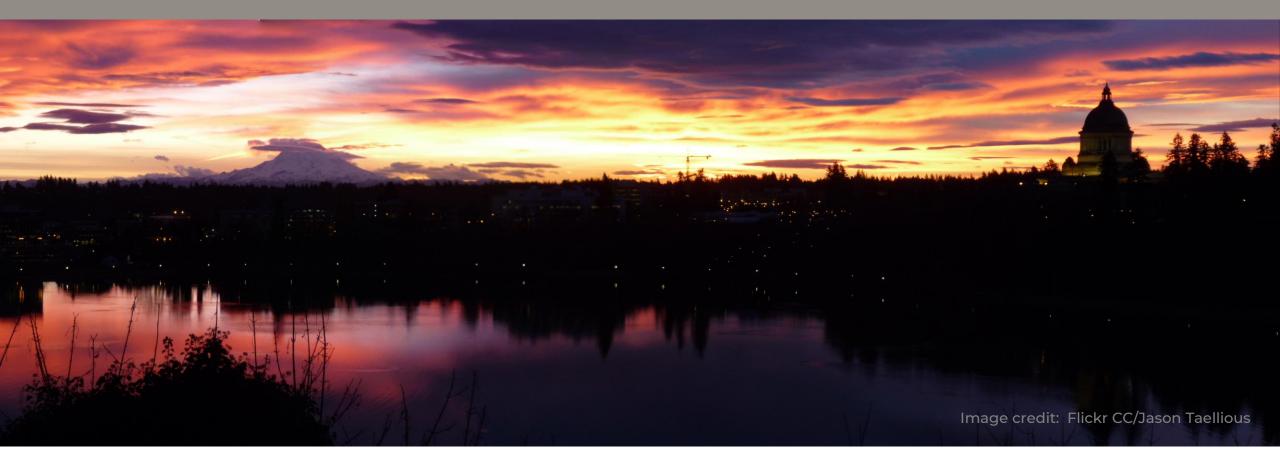
Cumulative Total Carbon Emissions of a Single Building Global Average Building Carbon Footprint: 50% Better Operational Performance



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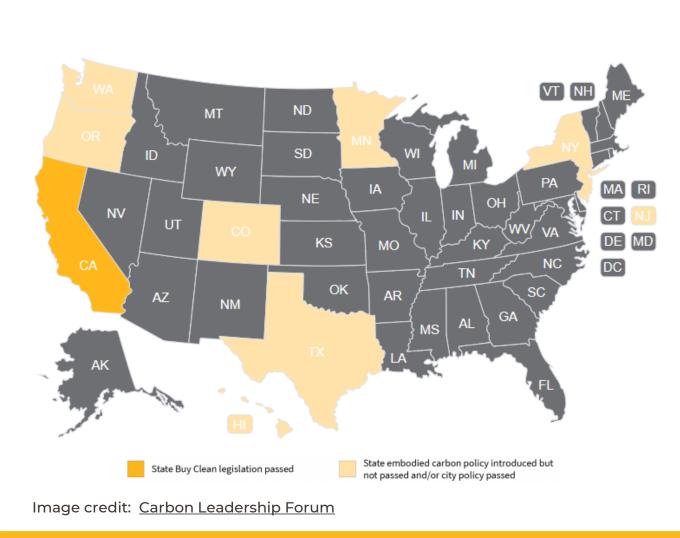


Legislation on the Horizon: carbon disclosure of structural materials is coming





State of Embodied Carbon Legislation in the USA



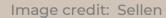
- Adopted or Pending Legislation in 9 States
- Action happening at the State, County and City levels
- Most, but not all affect concrete disclosure
- Legislation generally falls into two categories:
 - Track and disclose embodied carbon using third-party verified mix specific EPDs
 - Track, disclose and emit less than a legislated emissions cap
- Applicability varies: from pilots impacting a few projects to all public and private projects



Embodied Carbon Legislation/Public Policy Overview affecting Concrete

does not include: private owner initiatives/policy or public policy under consideration but not yet introduced or implemented. Data as of 4/19/21

Type of Legislation Impacting Concrete											
		I Embodied Cark	EPDs ar	EPDs +Disclosure Required + Max GHG Cap or Cap Phase-in Required							
Applies to all Projects	all WA Expedited Permitting for EPDs		СА								
	WA	HB 2608 Buy Clean Buy Fair WA	MN	B3 Requirements LCA Modeling and EPDs	OR	City of Portland Rqmts for Approved Mixes	СО	SB 159 (2020) GWP for Public Project Matls			
Applied to Publicly Funded Projects	OR	HB 2608 EPDs and Enviro. Cost	NJ	Assembly Bill 5253 Low EC Conc. Tax Credits`	CA	AB 1365 Public Contracts Clean Conc.	CA	AB 1369 Expands Buy Clean CA to Conc			
	NY	SB S542 Low EC Conc. Leadership Act`			USA	CLEAN Future Act Federal Buy Clean Program					
Pilot: Limited	WA	Sound Transit EPDs on Select Projects	OR	HB 2688 ODOT and required EPDs							
Projects	CA	Caltrans EPDs on Select Projects	NY NJ	Port Authority of NY & NJ Clean Construction Program							
Legislation Key: Green: Legislation Passed & Law Gray: Legislation Introduced											





Baseline and Targets:

measuring GHG and different approaches to setting reduction goals





EPD: Environmental Product Declaration

the "food label" of material impacts

Nutrition Facts

Serving Size 2/3 cup (55g) Servings Per Container About 8

Amount Day Coming

Protein 3g

Amount Per Serving	
Calories 230 Ca	lories from Fat 40
	% Daily Value*
Total Fat 8g	12%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 37	7g 12 %
Dietary Fiber 4g	16%
Sugars 1g	

EPD "Nutrition" Label

Your Building Product



FUNCTIONAL UNIT:

1 M3

Primary Energy (MJ)	12.4
Global Warming Potential (kg CO ² eq)	0.96
Ozone Depletion (kg CFC: 11 eq)	1.80E-08
Acidification Potential (mol H+ eq)	0.93
Eutrophication Potential (kg N ⁻ eq)	6.43E-04
Photo-Oxidant Creation Potential (kg 03 eq)	0.121

Your Product's Ingredients: Listed Here

EPDs can be:

- Industry-wide average or
- Product-specific
 (for a specific mix from a specific plant)

and

- Third-party reviewed (meeting ISO guidelines)
- Not third-party reviewed



Select your Baseline

"Lower Carbon Concrete" starts with defining a Baseline

Option 1: NRMCA (National Ready Mix Concrete Association) Baseline, 2016

- Widely used reference and widely understood
- Has both National and Regional Data
- Is not application specific, so not always a fair comparison
- Does not include strengths above 8000 psi

Option 2:

Carbon Leadership Forum, 2019 (updated 2021)

- Published, November 2019
- Has published low, average and high baselines, be clear which to use
- Works with EC3
- No regional averages

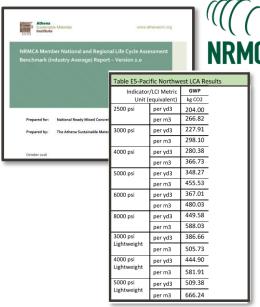


Image Credit: NRMCA

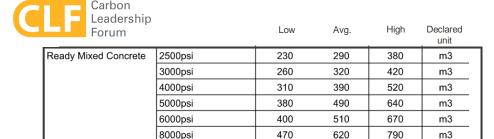


Image Credit: CLF



Select your Baseline

Option 3: Custom Baseline from Project-specific Historical Data

- Requires data collection from past applicable projects
- May need to be adjusted for newer cement used
- Can inform a real-world business-as-usual (BAU) baseline
- Is very location specific and very application specific – good for repetitive projects

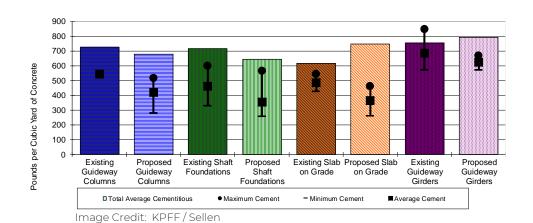




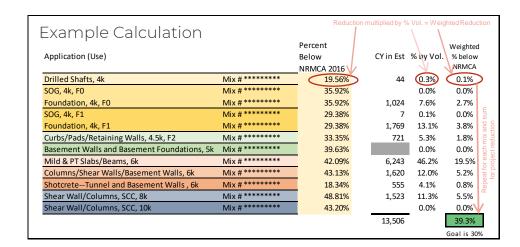
Image Credit: Sound Transit



Set the Reduction Goal

Option 1. Project-wide Reduction Requirement

- Requirement is a single percentage reduction
- A weighted average for all the concrete
- Each mix is compared to the corresponding baseline for its strength
- Simple to specify but hard to get set goal right
- Allows flexibility for how much each application must reduce
- What's BAU and what's ambitious depends on the proportion and types of uses in the project.



Example Specification Language For a project-wide reduction requirement

Provide concrete mixes such that the percent reduction in weighted average Proposed Mix GWP as compared to the weighted average Benchmark GWP shall be aminimum of 30%.

Calculate the weighted average Benchmark GWP for the volume of concrete corresponding to the Proposed Mix Designs with EPDs as follows:

$$GWP_{AVG BENCHMARK} = \frac{\sum_{i=1}^{n} [GWP_{i BENCHMARK} \times Volume_{i}]}{\sum_{i=1}^{n} Volume_{i}}$$

Where:

GWP_i BENCHMARK</sub> = benchmark global warming potential for concrete class i Volume_i = volume of concrete for concrete class i n = total number of classes of concrete

Calculate the weighted average Proposed Mix GWP as follows:

$$GWP_{AVG PROPOSED} = \frac{\sum_{i=1}^{n} [GWP_{i PROPOSED} \times Volume_{i}]}{\sum_{i=1}^{n} Volume_{i}}$$

Where:

GWP_{I PROPOSED} = global warming potential for proposed mix i Volume_i = volume of concrete for proposed mix i n = total number of proposed mixes of concrete

Calculate the percent reduction in weighted average Proposed Mix GWP as compared to the weighted average Benchmark GWP as follows:

$$\% \ Reduction = \frac{GWP_{AVG \ BASELINE} - GWP_{AVG \ PROPOSED}}{GWP_{AVG \ BASELINE}} \times 100$$

Specification Credit: KPFF Engineers



Set the Reduction Goal

Option 2: Required Reductions for each Application

- Requires a minimum reduction or required reduction ranges specific to each application
- Requires a good knowledge of what's possible for each application
- Does not allow flexibility for the supplier and contractor

Focus reduction effort on the applications (uses) with the highest volumes

The required design strength determines which NRMCA baseline is used

Research similar projects with the same application, strength to set min. reduction Consider setting a stretch goal for each application. Be realistic for each condition

f'c (psi)	Test Age (days)	APPLICATION	Priority for Targeting Reductions	cy ▼	Percent of Conc		2016 PNW NRMCA Baseline (kg/m3)	Compressive Strength Used for Baseline		Required Min. Goal	Required Min. Target (kg/m3)	-	Stretch Goal	Stretch Target (kg/m3)
5000	28	Basement Walls	Low	505	0.8%		455.53	5000		0%	455.53		-10%	409.98
6000/8000	56	Columns	Medium	530	0.9%		480.03	6000		-35%	312.02		-50%	240.02
4000	56	Conc on Stl Deck	Low	15	0.0%	П	366.73	4000	П	-35%	238.37	П	-40%	220.04
4500	28	Curbs, pads	Low	0	0.0%	П	411.13	4500	П	-35%	267.23		-50%	205.57
4000	28	Foundations (Footings, grade beams, mat foundations, pits)	High	3055	5.0%		366.73	4000		-45%	201.70		-70%	110.02
6000	56	Mild slabs	Medium	365	0.6%		480.08	6000		-40%	288.05		-55%	216.04
6000	56	PT slabs	High	4405	7.1%		480.08	6000		-28%	345.66		-40%	288.05



Set the Reduction Goal

Option 3: An "Open Ended " Reduction Requirement

- You (the supplier) tell us what the maximum reduction is
- Requires giving enough performance based with over encumbering with constraints
- Requires active participation of General Contractor to provide constructability and schedule information
- Requires trusted and experience partners

With the criteria provided... recommend the supplier's most carbon-efficient mix for each application

Design Team Criteria (for each application)

- Min. Design Strength (f'c)
- Exposure Class
 Note: w/cm ratio not specified
- Maximum Shrinkage
- Maximum Aggregate Size
- Modulus of Elasticity
- Is Recycled Aggregate Allowed
- Will it be Polished?



General Contractor Criteria (for each application)

- Early Strength (Required to jump forms)
- Anticipated Time of Placement (during the day)
- Test Age (where appropriate consider extending beyond 28 days)
- Overall Project Schedule
- Method of Placement (Pumped? Bucket? Shotcrete?)
- Pump Distance
- Pump Rate



Procurement 2.0:

carbon as a selection criteria





Conventional Procurement vs "Procurement 2.0"

Structural Systems Decision:

 Embodied carbon of alternative systems not modeled at concept design



Structural Systems Decision:

 Design Team and/or general contractor models carbon implications of various structural systems using concept level Bill of Materials

Carbon Reduction Goals:

None



Carbon Reduction Goals:

- Defined or Supported by the Owner
- Communicated in the specifications and in the Bid Package

Specifications Approach:

- Prescriptive based
- w/c ratio defined in specs/general notes
- Blended Cements not permitted
- SCMs Capped or not permitted
- No EPDs required at time of bid



Specifications Approach:

- Performance based
- w/c ratio defined by ACI and not determined by general notes
- Blended Cements Permitted
- SCMs Permitted
- RCA Permitted
- EPDs required at time of bidding



Conventional Procurement vs "Procurement 2.0"

Designer/Contractor Coordination

 No coordination prior to Issued for Construction Drawings



Design Team/Contractor Coordination

- Optimization opportunities discussed at design development
- Identify tricky areas affecting mix selection: polished concrete, rebar congestion, white concrete

Timing of Concrete Supply Bidding

• After design is complete



Timing of Concrete Supply Bidding

During design

Instructions to Bidders

- Minimal construction schedule info
- Little or no information on pumping distances and pumping rates
- No requirements for EPD



Instructions to Bidders

- Detailed construction schedule info
- Pumping distances and pump rate
- Detailed Info on early strength requirements for jumping forms
- EPDs for all mixes required with bid
- Provide Conventional Mix Solution and Carbon Optimized Mix Solution



Conventional Procurement vs "Procurement 2.0"

Instructions to Bidders (continued)

- All applications have 28 day f'c maturity
- No alternative bids requested with extended maturity dates



Instructions to Bidders (continued)

- Two sets of mix solutions requested:
 - Conventional 28 day maturity
 - Carbon Optimized: extended maturity dates for some applications

Decision Criteria and Information presented to Owner for Bid Award

- Cost
- Availability
- Successful Previous Working Experience



Decision Criteria and Information presented to Owner for Bid Award

- Cost
- Availability
- Successful Previous Working Experience
- Amount of GHG reduction possible by using some or all of the carbonoptimized mixes



The Best Mix:

General contractor, supplier and design team as allies in GHG reduction

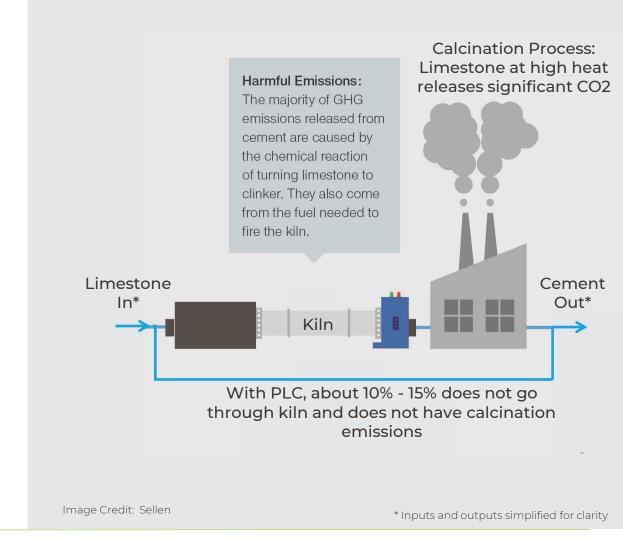




Use Blended Cement

Use Type 1L Cement (aka PLC or Portland Limestone Cement)

- Immediate 10% -12% embodied GHG reduction compared to Type I
- Compatible with existing mixes
- Widely available in this region
- Widely accepted by DOTs, Sound Transit (many applications), CalTrans (pending)
- Some product specific EPDs = supply chain specific data = lower GHG data in EC3
- Long History of Successful Use: First in Germany in 1965
- Jurisdictions, not Science, is the limiter:
 Europe allow up to 35% limestone blended with cement





Do this, then...

- 1. Consider carbon implications of the type of concrete structural system
- 2. Be economical with the design; reduce quantities where possible
- 3. Use Performance Specification and remove prescriptive requirements
- 4. Allow Type 1L Cement in Specs and General Notes and use Supplement Cementitious Materials (Slag or Fly Ash)
- 5. Allow Recycled Aggregate where appropriate
- 6. Communicate Design and Constructability Criteria to Supplier during the bidding process

....then what: go further with Data and Technology



Image Credit: Sellen



Dial it In: Maturity Meters

Maturity Meters

- Allows for accurate strength readings by tracking temperature
- Avoids the inaccuracy of mishandled testing cylinders
- Bluetooth sensors can push data to team and alert when key values are reached
- Informs team what mix is doing the job potentially forestalling switching to richer mix

Install Bluetooth monitors. Pour concrete



Image Credit: Giatec.com

Remote measurement of concrete temperature

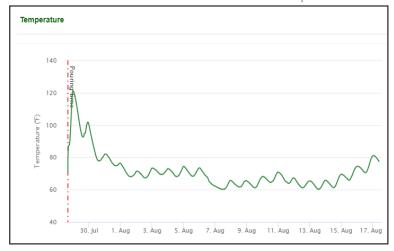


Image Credit: Giatec.com

Each mix has a unique temperature to strength curve

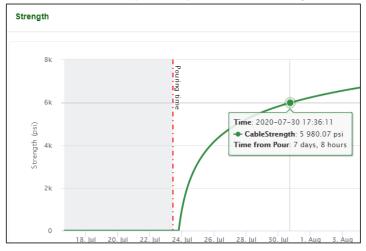


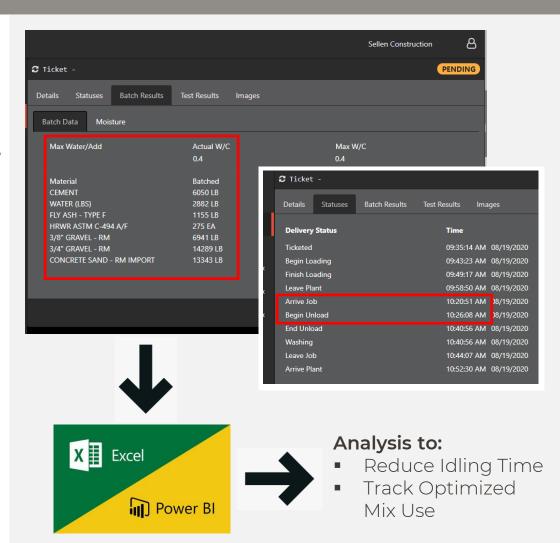
Image Credit: Giatec.com



Forecast and Track: Electronic Ticketing

Electronic Ticketing

- Moves us to the digital age efficiency boon
- Digital format allows near-live time tracking of quantities, mixes. Paired with EPD info this builds a JTD carbon emissions picture
- Provides a stream of new data like truck wait times another opportunity for GHG reduction
- Can export to Excel or Power BI for analytics such as tracking forecasted emissions to actual
- If not tracking the plan, we can ask "why" early enough to change course
- No longer "resultant sustainability" but predictive sustainability





Key Takeaways:

- There are client, business and legislative drivers for lower carbon concrete in this market.
- The demand for material disclosure (EPDs) is growing and in some projects mix-specific EPDs are required
- Today there are implementable and meaningful strategies to reduce emissions from concrete
- By designers providing performance specifications and contractors providing more constructability information at bid time, suppliers can provide carbon optimized solutions
- Beyond the mix, there are jobsite strategies to fine tune construction operations and further reduce emissions





Thanks

<u>Dave Walsh</u> <u>Sellen Construction</u>

